I have to go to the doctor but don't have health insurance. What do I do?

I don't have enough food to feed my family. Where are the food pantries?

I don't work because I can't afford daycare. Who can help?

Need answers to any of these questions? Do you need answers to other questions about:

- Benefits
- Children's Resources
- Communication/Hotlines
- Employment
- Food Resources

- Health Access
- Housing & Utilities
- Legal Information
- Transportation
- Wellness

Other Resources

Sponsored by the Sussex County Coordination Committee/Human Services Advisory Council

The Project Community Connect Human Resources Guide was designed to assist you in learning about services available to Sussex County residents.

You should contact individual providers regarding eligibility requirements.

You can look for services by category or by agency.

The PCC Human Resources Guide is also available online at:

www.sussex.nj.us

CATEGORY AGENCY FOUND IN THIS CATEGORY

BENEFITS DAWN Center for Independent Living

Legal Services of Northwest Jersey Social Security Administration Sussex Division of Senior Services Sussex Division of Social Services

CHILDREN'S Children & Family Resource Services

RESOURCES Center for Evaluation and Counseling Center for Prevention & Counseling

DAWN Center for Independent Living

Division of Child Protection and Permanency

Family Intervention Services

Family Intervention Services-Morris Sussex Mobile Response

Family Partners of Morris/Sussex

Ginnie's House

Head Start/Early Head Start Program

KEEP, Inc.

Legal Services of Northwest Jersey

Pass it Along

Project Self-Sufficiency

Special Child Health Services

Today's Choice Pregnancy Resource Center

Women, Infants, Children Program

YMCA

Youth Advocate Program

COMMUNICATION/

FION/ Assurance Wireless

HOTLINES DASI/Domestic Abuse & Sexual Assault Intervention Services, Inc.

Legal Services of New Jersey

NJ211

EMPLOYMENT Bridgeway Rehabilitation Services

DAWN Center for Independent Living

Morris/Sussex/Warren Employment & Training Services

Pathways to Prosperity Project Self-Sufficiency

Sussex Division of Social Services

CATEGORY AGENCY FOUND IN THIS CATEGORY **FOOD** DASI/Domestic Abuse & Sexual Assault Intervention Services, Inc. First Presbyterian Church of Franklin Food Pantry and Soup Kitchen List Head Start/Early Head Start Program Legal Services of Northwest Jersey Project Self-Sufficiency Samaritan Inn, Inc. SCARC Harvest Home Foods Sussex Division of Senior Services Sussex Division of Social Services United Methodist Church of Branchville Women, Infants, Children Program **HEALTH** Bridging Health & Human Services Bridgeway Rehabilitation Services Center for Evaluation and Counseling Family Intervention Services Head Start/Early Head Start Program **Intensive Family Support Services** Legal Services of Northwest Jersey NAMI-Sussex Neighborhood Health Clinic **NewBridge Services Newton Medical Center** Newton Medical Center Behavioral Health Project Self-Sufficiency Summit Oaks Hospital Sussex County Office of Public Health Nursing Sussex Division of Senior Services Sussex Division of Social Services Today's Choice Pregnancy Resource Center **Zufall Health Center Advance Housing HOUSING** Birth Haven Bridgeway Rehabilitation Services Community Hope DASI/Domestic Abuse & Sexual Assault Intervention Services, Inc. **Energy Assistance Programs** Family Promise of Sussex County Legal Services of Northwest Jersey Samaritan Inn

Sussex Division of Social Services Weatherization Assistance Program

CATEGORY AGENCY FOUND IN THIS CATEGORY

LEGAL Legal Services of New Jersey

Legal Services of Northwest Jersey

Project Self-Sufficiency

Sussex Division of Senior Services

OTHER DASI-Domestic Abuse & Sexual Assault Intervention Services

DAWN Center for Independent Living Department for Persons with Disabilities Literacy Volunteers of Sussex County

NORWESCAP Loan Programs

NORWESCAP RSVP

Pass it Along

People Help of Sussex County United Way of Northern New Jersey

Volunteer Link of UWNNJ

TRANSPORTATION LogistiCare

NJ Find A Ride Skylands Ride

WELLNESS Adult Protective Services

Center for Prevention and Counseling DAWN Center for Independent Living

NORWESCAP RSVP

Pass it Along

Project Self-Sufficiency

SCARC

Sussex Division of Senior Services United Way Caregiver Coalition

YMCA

Youth Advocate Program

Transportation

AGENCY DIRECTORY	AGENCY CAN BE FOUND IN SECTION ON
Adult Protective Services	Wellness
Advance Housing	Housing
Assurance Wireless	Communication
Birth Haven	Housing
Bridgeway Rehabilitation Services	Employment, Health, Housing
Bridging Health & Human Services	Health
Center for Evaluation and Counseling	Children, Health
Center for Prevention and Counseling	Children, Health, Wellness
Children & Family Resource Services	Children
Community Hope	Housing
DASI - Domestic Abuse & Sexual	Communication, Food, Housing, Other
Assault Intervention Services	
DAWN Center for Independent Living	Benefits, Children, Employment, Other, Wellness
Department for Persons with Disabilities	Other
Division of Child Protection and Permanency	Children
Energy Assistance Programs	Housing
Family Intervention Services	Children, Health
Family Intervention Services-Mobile Response	Children
Family Partners of Morris/Sussex	Children
Family Promise of Sussex County	Housing
Food Pantries	Food
Ginnie's House	Children
Head Start/Early Head Start Program	Children, Food, Health
Intensive Family Support Services	Health
KEEP, Inc.	Children
Legal Services of New Jersey	Communication, Legal
Legal Services of Northwest Jersey	Benefits, Children, Food, Health, Housing, Legal
Literacy Volunteers of Sussex County	Other
LogistiCare	Transportation
Morris/Sussex/Warren Employment &	Employment
Training Services	
NAMI-Sussex	Health

AGENCY DIRECTORY	AGENCY CAN BE FOUND IN SECTION ON
Neighborhood Health Clinic	Health
NewBridge Services	Health
Newton Medical Center	Health
Newton Medical Center Behavioral Health	Health
NJ211	Communication
NJ Find A Ride	Transportation
NORWESCAP Loan Programs	Other
NORWESCAP RSVP	Other, Wellness
Pass it Along	Children, Other, Wellness
Pathways to Prosperity	Employment
People Help of Sussex County	Other
Project Self-Sufficiency	Children, Employment, Food, Health. Legal, Wellness
Samaritan Inn, Inc.	Food, Housing
SCARC	Wellness
SCARC Harvest Home Foods	Food
Skylands Ride	Transportation
Social Security Administration	Benefits
Soup Kitchens	Food
Special Child Health Services	Children
Summit Oaks Hospital	Health
Sussex County Public Health Nursing	Children, Health, Wellness
Sussex Division of Senior Services	Benefits, Food, Health, Legal, Wellness
Sussex Division of Social Services	Benefits, Employment, Food, Health, Housing
Today's Choice Pregnancy Resource Center	Children, Health
United Way of Northern New Jersey	Other
United Way Caregiver Coalition	Wellness
Volunteer Link of UWNNJ	Other
Weatherization Assistance Program	Housing
Women, Infants, Children Program	Children, Food
YMCA	Children, Wellness
Youth Advocate Program	Children, Wellness
Zufall Health Center	Health

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Benefits	Benefits
Agency Contact Information	Programs & Services
DAWN Center for Independent Living 66 Ford Road, Suite 121 Denville, NJ 07834 973-625-1940; Fax 973-625-1932 TTY 973-625-1932; 1-888-383-3296 info@dawncil.org	DAWN provides assistance in creating a support plan for financial assistance through the Traumatic Brain Injury Fund, links eligible adults with developmental disabilities to life-enriching supports & services and provides one-stop access to long-term supports for persons with disabilities & seniors that enable them to
www.dawncil.org	live in the community.
Legal Services of Northwest Jersey 18 Church St., Suite 120 Newton, NJ 07860 973-383-7400/Fax - 973-383-3469 Isnwj-sussex@lsnj.org www.lsnj.org/lsnwj	LSNWJ provides free legal assistance to low-income people in cases involving SSI disability, welfare, Temporary Assistance for Needy Families, General Assistance & other public entitlements.
Social Security Administration 1-800-772-1213 www.ssa.gov	Social Security Administration provides retirement, disability, & survivor benefits to eligible workers & Supplemental Security Income for the aged & disabled who have not worked.
Sussex Division of Senior Services 1 Spring Street Newton, NJ 07860 973-579-0555 www.sussex.nj.us/seniorservices	Sussex Division of Senior Services provides assistance with completing applications for PAAD, Senior Gold & various other program that assist those age 60 plus or the disabled.
Sussex Division of Social Services 83 Spring Street, Suite 203 Newton, NJ 07860 973-383-3600 www.sussex.nj.us/socialservices	Sussex County Division of Social Services has the following programs for financially eligible people: Temporary Assistance for Needy Families (TANF); General Assistance; NJ Supplemental Nutrition Assistance Program (SNAP); & Child Support Services including paternity testing & child support orders.

Children's Resources	Children's Resources
Agency Contact Information	Programs & Services
Center for Evaluation and Counseling 61 High Street Newton, NJ 07860 973-300-1900 cec@centerforeval.org www.centerforeval.org	CEC's Comprehensive Adolescent Program (CAP) provides free individual and group psychoeducation, along with case management services to at-risk or court-involved youth ages 12-18. Groups include anger management, positive decision making, coping skills, life skills, job skills, conflict resolution and healthy choices.
Center for Prevention & Counseling 61 Spring Street Newton, NJ 07860 973-383-4787; Fax - 973-383-6576 info@centerforprevention.org www.centerforprevention.org	CFPC offers a variety of Wellness programs/workshops for children. They include: Life Skills for Adolescents; 7 Habits of Highly Effective Teens; & Girls Circle/Boys Council to learn healthy coping skills & other essential life skills. Call CFPC for details & dates.
Children & Family Resource Services NORWESCAP 186 Halsey Rd. Suite 1 Newton, NJ 07860 973-383-3461/Fax - 973-383-3222 cfrs@norwescap.org www.norwescap.org	Children & Family Resource Services provides Sussex County families with parent education, free child care referrals & financial subsidy, promoting access to quality, affordable child care to maintain family stability.
DAWN Center for Independent Living 66 Ford Road, Suite 121 Denville, NJ 07834 973-625-1940; Fax 973-625-1932 TTY 973-625-1932; 1-888-383-3296 info@dawncil.org www.dawncil.org	DAWN coordinates & facilitates early intervention services for children & families in Sussex County; provides Skills for Independent Living for teens & young adults to expand critical skills for an independent life in the community & offers young adults with special needs ages 14 to 25 an opportunity to explore artistic & vocational pursuits.
Division of Child Protection and Permanency 20 East Clinton Street Newton, NJ 07860 800-392-2654 or 973-383-8400 www.state.nj.us	The Division of Child Protection and Permanency supports families to ensure the safety, permanency and well-being of the children in Sussex County.
Family Intervention Services 376 Lafayette Road Sparta, NJ 07871 973-940-0304 Fisnj.org	FIS Outpatient Program provides support to families by providing comprehensive mental health assessment, counseling, parenting, life skills, collaborative case management, and referrals for psychiatric services for families with youth up to age 21 who are covered by Medicaid.

Children's Resources	Children's Resources
Agency Contact Information	Programs & Services
Family Intervention Services-Mobile Response To request mobile response, families need to call 1-877-652-7624. www.fisnj.org	The Morris/Sussex Children's Mobile Response and Stabilization (CMRSS) provides immediate, in-person response to crisis within one hour. CMRSS is available 24 hours per day, 7 days a week. CMRSS also provides service linkage and case management coordination for up to eight weeks.
Family Partners of Morris/Sussex 67 Spring Street Newton, NJ 07860 (973) 940-3194 rhelt@familypartnersms.org www.familypartnersms.org	Family Partners of Morris and Sussex Counties, a Family Support Organization, is an organization that provides support and programs for families with children who have mental health, emotional or behavioral challenges. Agency operates warm line as well.
Ginnie's House, Sussex County Children's Advocacy Center 4 High Street, P.O. Box 3156 Newton, NJ 07860 Rhona@ginnieshouse.org www.ginnieshouse.org	A child-friendly environment for the coordinated investigative interview of allegations of criminal child abuse, on-site medical evaluations, child therapy and caregiver support/advocacy. Education regarding recognition of child abuse, how to react to a disclosure and how to report abuse.
Head Start/Early Head Start Program NORWESCAP 111 Ryerson Ave. Newton, NJ 07860 973-300-4091 www.norwescap.org	Head Start/Early Head Start provides comprehensive services – health, nutrition, education, mental health & social services - to support low-income families & children birth to five.
KEEP, Inc. 11 Park Lake Road Sparta, NJ 07871 973-383-2213 www.keepkids.org	KEEP, Inc. provides year-round child care services for children 6 weeks to 13 years. Financial assistance is available for all qualified working families in need.
Legal Services of Northwest Jersey 18 Church St., Suite 120 Newton, NJ 07860 973-383-7400/Fax - 973-383-3469 Isnwj-sussex@lsnj.org www.lsnj.org/lsnwj	LSNWJ provides free legal assistance to low-income families in cases involving children's SSI disability.

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Children's Resources	Children's Resources
Agency Contact Information	Programs & Services
Pass it Along 60 Blue Heron Road, Suite 100 Sparta, NJ 07871 973-726-9777 Kelly@passitalong.org www.passitalong.org	Pass it Along offers volunteer opportunities in the community for high school youth.
Project Self-Sufficiency 127 Mill St. Newton, NJ 07860 973-940-3500 www.projectselfsufficiency.org	Project Self-Sufficiency operates Little Sprouts Early Learning Center for infants through age 6 & offers summer camps, family fun activities & special events for children.
Special Child Health Services, Sussex County 201 Wheatsworth Road Hardyston, NJ 07419 (973) 948-5239 ext. 1360 kbaklarz@sussex.nj.us www.sussex.nj.us	Sussex County Special Child Health Services assists families with resources for children with special needs for ages 1-22 years.
Sussex County Public Health Nursing 201 Wheatsworth Road Hardyston, NJ 07419 973-579-0570 www.sussex.nj.us/health	Free physical exams and vaccines for children 5 years old and younger.
Today's Choice Pregnancy Resource Center 43 Trinity Street Newton, NJ 07860 973-579-2272 todayschoice@embarqmail.com www.todayschoice.org	Earn While You Learn (EWYL) at Today's Choice provides parenting and life skills education in a mentor format that enables participants to "earn" new baby clothing and furniture.
Women, Infants, Children Program NORWESCAP 973-579-5155 www.norwescap.org	Women, Infants, Children (WIC) provides free nutritious food, health education & referrals to health & social services for pregnant & post-partum women, infants & children up to their 5th birthday.

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Children's Resources	Children's Resources
Agency Contact Information	Programs & Services
YMCA 15 Wits End Road Hardyston, NJ 07419 973-209-9622 www.metroymcas.org	The Sussex County YMCA has programs for infants to seniors including access to aquatic programs, cardio & strength conditioning equipment, fitness classes, sports & enrichment classes, supervised child watch & youth room, before & after school care and summer camp. Contact the Y for membership and fee information.
Youth Advocate Program (YAP) Outpatient Program 350 Sparta Avenue, Suite C-1 Sparta, NJ 07870 973-729-3617 Kathy Pross, kpross@yapinc.org www.yapinc.org	YAP Outpatient Program: Provides mentoring services for DCP&P/CMO Involved youth. Provides individual, group, & family therapy for youth ages 4-18 in outpatient or in-community settings. On-site child psychiatric services available for YAP involved youth.

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Communication & Hotline Resources	Communication & Hotline Resources
Agency Contact Information	Programs & Services
Assurance Wireless 1-800-392-3850 www.assurancewireless.com	Assurance Wireless is a government provided free cell phone for qualifying low-income households. Phone is mailed to you & you are given 250 free voice minutes per month. Options available to increase minutes/texting ability at an additional cost. Participation in any government program, such as: Medicaid, SNAP, SSI, TANF, Section 8, etc. is required. Contact AW to apply.
DASI Cell Phone Program 973-579-2386 www.dasi.org	Cell phones – For victims of domestic or sexual violence, able to dial 911.
DASI 24 Hour HELPLINE for victims of domestic and sexual violence 973-875-1211 TTY 973-875-6369 www.dasi.org	DASI 24 Hour Helpline provides access to DASI services including emergency safe house, information, referrals, or a supportive voice. All calls confidential. Collect calls accepted.
Legal Services of New Jersey Hotline 1-888-576-5529 www.lsnjlawhotline.org www.lsnj.org	The LSNJ-LAW™ Hotline provides legal advice, information & referral over the telephone to low-income New Jersey residents. LSNJ-LAW helps people with civil legal problems.
NJ211 INFORMATION HELPLINE Dial 211 www.NJ211.org	Need HELP. Start here. Dial 211. A place to turn when you need to find state or local health & human service resources to address urgent needs or everyday concerns. Free; Confidential; Multi-lingual; TTY accessible; Available 24/7

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Employment Resources	Employment Resources
Agency Contact Information	Programs & Services
Bridgeway Rehabilitation Services 93 Stickles Pond Road Newton, NJ 07860 973-383-8670 www.bridgewayrehab.com	Bridgeway Rehabilitation Services serves people experiencing mental illness in the Sussex County Community through five programs: Partial Care, Supportive Employment, PATH (homelessness), Integrated Case Management Services (ICMS) & Supportive Housing.
DAWN Center for Independent Living 66 Ford Road, Suite 121 Denville, NJ 07834 973-625-1940; Fax 973-625-1932 TTY 973-625-1932; 1-888-383-3296 info@dawncil.org www.dawncil.org	DAWN Employment Network Services (DENS) provides consumer-directed services for people with disabilities actively seeking or considering employment. DAWN also has a 6-week wellness workshop series to maintain health while working & has school-based courses for teens/young adults to expand their employment opportunities.
Morris/Sussex/Warren Employment & Training Services Newton One-Stop Career Center Route 206, Newton, NJ 07860 973-383-1048 or 973-383-8033	Employment & Training Services provides job seeker & career development services to individuals seeking employment. Job training grants up to \$4,000 are available to eligible individuals.
Pathways to Prosperity NORWESCAP, Center for Prevention & Counseling, United Way of Northern NJ 973-383-4787, ext. 255 info@centerforprevention.org www.centerforprevention.org	Pathways to Prosperity (P2), a partnership between NORWESCAP, Center for Prevention & Counseling & United Way of Northern NJ provides education & training to secure living wage employment & build the resources necessary to achieve & maintain financial independence.
Project Self-Sufficiency 127 Mill St. Newton, NJ 07860 973-940-3500 www.projectselfsufficiency.org	Project Self-Sufficiency offers extensive career assessment, job training, job search & job placement services for teens & adults, including long & short-term training opportunities. PSS maintains state-of-the-art computer labs with computer, internet, telephone & fax access for job seekers.
Sussex Division of Social Services 83 Spring Street, Suite 203 Newton, NJ 07860 973-383-3600 www.sussex.nj.us/socialservices	Sussex County Division of Social Services administers the Work First New Jersey (WFNJ) program to employable individuals receiving Temporary Assistance for Needy Families (TANF) or General Assistance (GA).

Food Resources	Food Resources
Agency Contact Information	Programs & Services
Head Start/Early Head Start Program NORWESCAP 111 Ryerson Ave. Newton, NJ 07860 973-300-4091 www.norwescap.org	Head Start/Early Head Start provides comprehensive services, health, nutrition, education, mental health & social services, to support low-income families & children birth to five.
Legal Services of Northwest Jersey 18 Church St., Suite 120 Newton, NJ 07860 973-383-7400/Fax - 973-383-3469 Isnwj-sussex@lsnj.org www.lsnj.org/lsnwj	LSNWJ provides free legal assistance to low-income people in cases involving Food Stamps & other public entitlements.
Project Self-Sufficiency 127 Mill St. Newton, NJ 07860 973-940-3500 www.projectselfsufficiency.org	Project Self-Sufficiency offers a food pantry, holiday food assistance & limited fresh produce & bread for participants & is a Jolin Food Box public distribution site.
Samaritan Inn, Inc. 48 Wyker Road Franklin, NJ 07416 973-827-8911 www.samaritaninn.org	Samaritan Inn provides emergency food, community case management & temporary shelter to "at risk" or homeless people in Sussex County.
Sussex Division of Senior Services 1 Spring Street Newton, NJ 07860 973-579-0555 www.sussex.nj.us/seniorservices	Sussex Division of Senior Services distributes Senior Farmer's Market vouchers (\$20.00) to income eligible individuals age 60 plus from June 1 to September 30 to purchase Jersey Fresh fruits & vegetables.
Sussex Division of Social Services 83 Spring Street Newton, NJ 07860 973-383-3600 www.sussex.nj.us/socialservices	SNAP - NJ Supplemental Nutrition Assistance Program (formerly Food Stamps) provides Electronic Benefits Transfer (EBT) food assistance monthly for those who meet income criteria through Social Services.
United Methodist Church of Branchville 8 Broad Street, P.O. Box 509 Branchville, NJ 07826 973-948-3749 umbranch@embarqmail.com	"Hands to Hearts" food pantry Monday, Tuesday, and Saturday from 9 a.m 12 noon. Proof of Sussex County residency.

Food Resources	Food Resources
Agency Contact Information	Programs & Services
Women, Infants, Children Program NORWESCAP 973-579-5155	Women, Infants, Children Program provides free nutritious food, health education & referrals to health services & social services for pregnant & post-partum
www.norwescap.org	women, infants & children up to the 5th birthday.

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2014 PROJECT COMMUNITY CONNECT HUMAN SERVICES RESOURCE GUIDE

Food Resources

Food Resources	FOOD RESOURCES	
Agency Contact Information	Programs & Services	
Food Pantries & Soup Kitchens	Pantry & Kitchen Hours	
Andover Presbyterian Church Andover, NJ	Wednesday & Saturday only 10am to 2 pm	
973-786-5094	Call ahead	
Bodhi Food Pantry Andover, NJ 973-940-0711	By appointment only	
DASI 973-579-2386 www.dasi.org	Food Pantry for DASI participants only	
First Presbyterian Church of Franklin 11-13 Main Street Franklin, NJ 07416 973-827-6444 frankpresby@gmail.com www.frankpresby.org	Bread of Life Saturday Lunch Program. Free hot lunch on Saturdays from 11:30 a.m. – 12:30 p.m. All are welcome.	
Glenwood Baptist Church Vernon, NJ 908-591-6177	Contact Pastor Jean	
Harvest House Lunch Program 1 Hamburg Ave. Sussex, NJ 07614	Monday through Friday 11:45am to 12:30 pm	
Holy Counselor Lutheran Church Vernon, NJ	Monday, Wednesday & Friday 9am to 12 pm	
Lafayette Federated Church Rt. 15, Lafayette, NJ 973-383-4461	Monday through Friday 8:30am to 4:30pm	
Manna House Community Soup Kitchen Newton Presbyterian Church 54 High Street Newton, NJ 973-579-6517	Monday through Friday 11:30am to 12:30pm	

Food Resources

Food Resources

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Agency Contact Information	Programs & Services	
Food Pantries & Soup Kitchens	Pantry & Kitchen Hours	
Our Lody of Mount Cormol	Draviding food in Hampton 9 Stillwater area	
Our Lady of Mount Carmel Swartswood, NJ	Providing food in Hampton & Stillwater area Monday through Friday	
973-383-3566	9am to 2pm	
Salvation Army Food Pantry	Monday through Friday	
Franklin Senior Center	8: 30am to 1 pm	2
Franklin, NJ 973-827-2973	Call ahead	Ċ
Samaritan Inn	Monday, Wednesday & Friday	—
48 Wyker Road	2pm to 4pm	
Franklin, NJ 07416 973-827-8911		
SCARC Harvest Home Foods	SCARC's Harvest Home Foods program distributes food	
*4 Camre Drive, Hampton, NJ	to needy families out of their Hampton Township	
973-383-7000 *338 Main St. Ogdonoburg NJ	location & their Ogdensburg location. Food recipients	
*338 Main St., Ogdensburg, NJ 973-827-4076	must be eligible, food is free & the pantries are open from 10am to 1pm daily.	
Sparta Presbyterian Church	Monday through Friday	
32 Main Street	8:30am to 4pm	
Sparta, NJ 973-729-6197		
	Manaday therework Eviday	
Stanhope Methodist Church Stanhope, NJ	Monday through Friday 9am to 12pm	
973-247-0247	Call for appointment	
Stanhope Presbyterian Church	Monday through Friday	
Stanhope, NJ 973-347-5142	9am to 12pm Call for appointment	
Sussex Help Center Food Pantry	Provides Food to Sussex, Wantage & Montague	
20 Main Street, Sussex Sussex, NJ	Neighbors in Need. Tuesday 6:30pm to 7:30pm	
973-702-1922	Wednesday 9am to 11am	
	Friday 4pm to 5pm	
	Saturday 9am to 10am	

Food Resources

Food Resources

1 COU NESCUTOES	rood Resources	
Agency Contact Information	Programs & Services	
Food Pantries & Soup Kitchens	Pantry & Kitchen Hours	
Sussex Division of Social Services	Social Services Food Pantry is available to anyone in	
83 Spring Street	the county that needs food. Pet food is also available	
Newton, NJ 07860	at times. Pantry utilizes volunteers from community.	
973-383-3600		
www.sussex.nj.us/socialservices		
United Methodist Church	Providing food in Stockholm & Hardyston area	
Stockholm, NJ	Call for appointment	
973-697-6202		
United Methodist Church	Providing food in Vernon area	
Vernon, NJ	Monday through Friday	
973-764-3188	9am to 12 pm	
	Call for appointment	
Westside Methodist Church	Tuesday, Wednesday & Friday	
Hopatcong, NJ	9am to 3 pm or	
973-398-5010	Call for appointment	

Food Resources

EALTH

Health Resources	Health Resources
Agency Contact Information	Programs & Services
Bridgeway Rehabilitation Services 93 Stickles Pond Road Newton, NJ 07860 973-383-8670 www.bridgewayrehab.com	Bridgeway Rehabilitation Services serves people experiencing mental illness in the Sussex County Community through five programs: Partial Care, Supportive Employment, PATH (homelessness), Integrated Case Management Services (ICMS) & Supportive Housing.
Bridging Health & Human Services NORWESCAP 53 Stickle Avenue, Suite 2 Rockaway, New Jersey 07866 973-784-4900; Fax - 973-784-4904	Bridging Health & Human Services Project is designed to identify, educate & assist eligible underserved populations in Sussex County navigate the Affordable Health Care Act.
Capitol Care 185 Route 183 Stanhope, NJ 07874 973-426-1440 www.capitol-care.org	Capitol Care provides person-centered Mental Health Partial Care, Co-Occurring, Partial Hospitalization, Intensive Outpatient/Outpatient Substance Use, and DD Residential/Adult Day services. Agency provides comprehensive wrap around services to support individuals.
Center for Evaluation and Counseling 61 High Street Newton, NJ 07860 973-300-1900 cec@centerforeval.org www.centerforeval.org	CEC provides outpatient mental health counseling services for children, adolescents, adults, family and couples. Private insurance clients welcomed. CEC conducts forensic, cognitive, psychosexual, psychological, risk and fire setter evaluations.
Center for Prevention & Counseling 61 Spring Street Newton, NJ 07860 973-383-4787; Fax - 973-383-6576 info@centerforprevention.org www.centerforprevention.org	CFPC offers a range of services for adolescents and adults, including evaluations, early intervention, outpatient and intensive outpatient substance abuse counseling, relapse prevention, counseling for co-occurring disorders, family counseling, and various support groups, including anger management. Sliding scale and grant-funded programs.
Family Intervention Services 376 Lafayette Road Sparta, NJ 07871 973-940-0304 Fisnj.org	FIS Outpatient Program provides support to families by providing comprehensive mental health assessment, counseling, parenting, life skills, collaborative case management, and referrals for psychiatric services for families with youth up to age 21 who are covered by Medicaid.

Health Resources	Health Resources
Agency Contact Information	Programs & Services
Head Start/Early Head Start Program NORWESCAP 111 Ryerson Ave. Newton, NJ 07860 973-300-4091 www.norwescap.org	Head Start/Early Head Start provides comprehensive services (health, nutrition, education, mental health & social services) to support low-income families & children birth to five.
Intensive Family Support Services of Sussex County Saint Clare's Health System-Sparta 191 Woodport Rd., Suite 202 Sparta, NJ 07871 201-317-6139	Intensive Family Support Services of Sussex County offers family education, consultation, support groups, referral service linkage and more to relatives or caregivers of adults with a mental illness.
Legal Services of Northwest Jersey 18 Church St., Suite 120 Newton, NJ 07860 973-383-7400/Fax - 973-383-3469 Isnwj-sussex@lsnj.org www.lsnj.org/lsnwj	LSNWJ provides free legal assistance to low-income people in cases involving Medicaid, Medicare, Charity Care, PAAD & other public entitlements. LSNWJ will provide assistance in matters arising under the Affordable Care Act.
NAMI-Sussex 973-214-0632 www.nami-sussex-nj.org	NAMI-Sussex, affiliate of The National Alliance on Mental Illness is dedicated to improving the lives of persons with mental illness & educating & supporting family members who love & care for them. Educational programs & support groups are free.
Neighborhood Health Clinic 238 Spring Street Newton, NJ 07860 973-383-7001	The Neighborhood Health Clinic is a low cost medical & dental clinic serving the community.
NewBridge Services Knoll Place, Suite 104 Sparta, NJ 07871 973-316-9333 or 888-746-9333 www.newbridge.org	NewBridge Services provides adult & family counseling services including mental health assessment, psychiatric evaluation, individual, group, couple & family counseling, medication counseling, play therapy, & psychoeducation.

EALTH

Health Resources	Health Resources
Agency Contact Information	Programs & Services
Newton Medical Center 175 High Street Newton, NJ 07860 973-383-2121 www.atlantichealth.org	Newton Medical Center, Atlantic Health System, is a short-term, acute care, 146-bed facility serving northwestern NJ & adjacent areas. Winner of numerous quality & safety awards with more than 40 medical specialties & subspecialties, it has also has satellite wellness centers in the area it serves.
Newton Medical Center Behavioral Health 175 High Street Newton, NJ 07860 973-383-1533 www.atlantichealth.org	Providing mental health services for adults and children in outpatient, acute partial, intensive outpatient, inpatient, residential and emergency settings.
Project Self-Sufficiency 127 Mill St. Newton, NJ 07860 973-940-3500 www.projectselfsufficiency.org	Project Self-Sufficiency offers supportive counseling, home visitation for prenatal & new parents, on-site mammograms & NJ Family Care registration assistance.
Summit Oaks Hospital 19 Prospect Street Summit, NJ 07902 (800) 753-5223 www.summitoakshospital.com	Summit Oaks Hospital offers inpatient, outpatient psychiatric, dual-diagnosis, and chemical dependency programs for children, adolescents and adults.
Sussex County Public Health Nursing 201 Wheatsworth Road Hardyston, NJ 07419 973-579-0570 www.sussex.nj.us/health	NJCEED Program, free cancer screenings for men & women, if income eligible; low-cost screenings if not eligible for NJCEED. Also provides free physical exams and vaccines for children 5 years of age and younger.
Sussex Division of Senior Services 1 Spring Street Newton, NJ 07860 973-579-0555 www.sussex.nj.us/seniorservices	Sussex Division of Senior Services provides counseling & assistance on Medicare & related insurance issues to the disabled & those age 60 plus.

Health Resources	Health Resources
Agency Contact Information	Programs & Services
Sussex Division of Social Services 83 Spring Street Newton, NJ 07860 973-383-3600 www.sussex.nj.us/socialservices	Sussex County Division of Social Services has the following programs for financially eligible people: Affordable Care Act Medicaid; Aged, Blind & Disabled (ABD) Medicaid; Medically Needy Medicaid; Global Options Medicaid Waiver; Long Term Care Medicaid; and Substance Abuse/Behavioral Health Initiative (SAI/BHI) if cash assistance eligible.
Today's Choice Pregnancy Resource Center 43 Trinity Street Newton, NJ 07860 973-579-2272 todayschoice@embarqmail.com www.todayschoice.org	Provides a pregnancy test, including options counseling, and confirmation via ultrasound- free of charge- to those in unplanned pregnancy during first trimester.
Zufall Health Center 973-328-9100 www.zufallhealth.org	Zufall Health Center provides quality medical & dental care whether you have insurance or not. Appointments are strongly encouraged but walk-ins are also welcomed at each of our three sites in Dover, Morristown, and Hackettstown.

NISOH

Housing Resources	Housing Resources
Agency Contact Information	Programs & Services
Advance Housing, Inc. Sussex Supportive Living Program 93 Stickles Pond Road Newton NJ 07860 973-940-8882, x201 Fax – 973-940-8879	Advance Housing, Inc. provides adult mental health consumers with a choice of independent, permanent, affordable & safe housing. Support services are available & flexible to allow consumers optimal community integration.
Birth Haven 973-579-7979 www.birthhaven.org	Birth Haven provides shelter to pregnant women in need. During their stay case management, counseling, life skill trainings & referrals are provided in order to help one gain self-sufficiency. Shelter is available for the duration of their pregnancy & up to six weeks after the infant is born.
Bridgeway Rehabilitation Services 93 Stickles Pond Road Newton, NJ 07860 973-383-8670 www.bridgewayrehab.com	Bridgeway Rehabilitation Services serves people experiencing mental illness in the Sussex County Community through five programs: Partial Care, Supportive Employment, PATH (homelessness), Integrated Case Management Services (ICMS) & Supportive Housing.
Community Hope 199 Pomeroy Road Parsippany, NJ 07054 973-463-9600 www.communityhope-nj.org	Agency's mental health programs enable individuals recovering from mental illness and substance abuse to live in affordable housing with the help of ongoing counseling, case management and support services.
DASI Safe House 24-Hour Helpline 973-875-1211 www.dasi.org	DASI Safe House- Emergency housing for women and children whose physical safety is at risk due to domestic or sexual violence or human trafficking, offered in a safe and confidential location without cost. Services include supportive counseling, advocacy, children's services, information and referrals.
Energy Assistance Programs www.energyassistance.nj.gov	The Low Income Home Energy Assistance Program, (LIHEAP) helps families & individuals with their energy bills. NJ's plan provides heating assistance, emergency crisis assistance & medically necessary cooling assistance. Applications are available from October 1 st to April 30 th .

OUSING

Housing Resources	Housing Resources
Agency Contact Information	Programs & Services
Family Promise of Sussex County 973-579-1180; Fax – 973-995-4518 www.scihn.org www.helpnjhomeless.org	Family Promise of Sussex County provides overnight shelter, meals, and case management to homeless families and single women, and works with guests to secure permanent housing and/or employment.
Legal Services of Northwest Jersey 18 Church St., Suite 120 Newton, NJ 07860 973-383-7400; Fax - 973-383-3469 Isnwj-sussex@lsnj.org www.lsnj.org/lsnwj	LSNWJ provides free legal assistance to low-income people in cases involving housing matters including eviction, Section 8 and other rental assistance and foreclosure.
Residential Recovery Program Community Hope www.communityhope-nj.org	Community Hope's residential recovery programs provide housing & support services to homeless veterans, aging-out youth & individuals in recovery from mental illness & addiction.
Samaritan Inn, Inc. 901 Swartswood Road Newton, NJ 07860 973-940-8872 Samaritan@nac.net www.samaritaninn.org	Samaritan Inn provides emergency food, community case management and temporary shelter to "at risk" or homeless people in Sussex County.
Sussex Division of Social Services 83 Spring Street Newton, NJ 07860 973-383-3600 www.sussex.nj.us/socialservices.org	Sussex County Division of Social Services has the following programs for financially eligible people: Emergency Assistance for those on TANF/GA/SSI & Homelessness Prevention & Relocation Assistance which may include back rent, utilities and security deposits and emergency temporary shelter.
Veterans & Veteran Family Services Community Hope www.communityhope-nj.org	Community Hope provides case management services & financial assistance to veterans & their families facing eviction & homelessness. Transitional & permanent supportive housing is available for homeless veterans in need of shelter, affordable housing & services.
Weatherization Assistance Program 800-510-3102 www.energyassistance.nj.gov	Households eligible for Universal Services Fund (USF) or Low Income Home Energy Assistance Program (LIHEAP) can apply for help weatherizing their homes.

Legal Resources	Legal Resources
Agency Contact Information	Programs & Services
Center for Evaluation and Counseling 61 High Street Newton, NJ 07860 973-300-1900 cec@centerforeval.org www.centerforeval.org	CEC's Therapeutic Supervised Parenting Program (TSPP) provides services to children from birth to age 18 who are in the middle of custody/parenting disputes who may be at risk and/or mutual parenting arrangements are not available. Parenting sessions must be court ordered.
Legal Services of New Jersey Hotline 1-888-576-5529 www.lsnjlawhotline.org www.lsnj.org	The LSNJ-LAW [™] Hotline provides legal advice, information & referral over the telephone to low-income New Jersey residents. LSNJ-LAW helps people with civil legal problems.
Legal Services of Northwest Jersey 18 Church St., Suite 120 Newton, NJ 07860 973-383-7400/Fax - 973-383-3469 Isnwj-sussex@Isnj.org www.lsnj.org/Isnwj	LSNWJ provides free legal assistance to low-income people & vulnerable seniors in cases involving essential needs: maintaining safe & affordable housing, gaining sustainable income to escape the ravages of poverty, accessing quality health care, securing family stability & personal safety & living with dignity in the community.
Project Self-Sufficiency 127 Mill St. Newton, NJ 07860 973-940-3500 www.projectselfsufficiency.org	Project Self-Sufficiency offers legal consultations with volunteer attorneys to income-eligible residents, as well as educational forums in family law, bankruptcy, landlord/tenant & elder law.
Sussex Division of Senior Services 1 Spring Street Newton, NJ 07860 973-579-0555 www.sussex.nj.us/seniorservices	Funding is provided to Legal Services of Northwest Jersey to provide legal assistance to those age 60 plus in civil matters.

OTHER

Other Resources	Other Resources
Agency Contact Information	Programs & Services
DASI- Domestic Violence & Sexual Assault Services 24 hour helpline - 973-875-1211 www.dasi.org	DASI provides comprehensive services for victims of domestic and sexual violence and human trafficking including safe emergency housing, supportive counseling/groups, legal & social service advocacy, information and referrals, and accompaniment to some medical, legal and law enforcement proceedings. Services are free and confidential.
DASI DECIDE Program 973-271-0288	DECIDE is a 27-week educational intervention program for men who are abusive or violent with their partners. Participants may be voluntary or court-ordered. Sliding fee scale. Individual intake assessment required.
DAWN Center for Independent Living 66 Ford Road, Suite 121 Denville, NJ 07834 973-625-1940; Fax 973-625-1932 TTY 973-625-1932; 1-888-383-3296 info@dawncil.org www.dawncil.org	DAWN connects people with disabilities & others with resources needed (benefits, healthcare, housing, utilities, transportation, etc.,) to maintain an independent life, provides individual consumer advocacy services & facilities opportunities to enhance their lives.
Department for Persons with Disabilities 1 Catholic Charities Way P.O. Box 2539 Oak Ridge, NJ 07438 973-406-1100 info@dpd.org www.dpd.org	The Department for Persons with Disabilities provides residential, vocational, social, spiritual and recreational support for adults with developmental disabilities. Agency also provides support coordination for people with developmental disabilities.
Literacy Volunteers of Sussex County 54 High Street Newton, NJ 07860 973-300-9444 literacyforyou@gmail.com literacyforyou.org	Literacy Volunteers provide free tutoring for adults in reading, writing, math, computer, employment and communication skills. Instruction is based on individual goals.
NORWESCAP Loan Programs 350 Marshall Street Phillipsburg, NJ 08865 908-454-7000, x 116 www.norwescap.org	The Family Loan Program is for used auto purchase, auto repair, car insurance, back rent, security deposits, child care & employment related to eligible persons. The Dollars to Dream Program is for working individuals with children in order to save and receive match dollars to purchase a home, start a business or obtain higher education.

Other Resources	Other Resources
Agency Contact Information	Programs & Services
NORWESCAP RSVP 53 Stickle Avenue, Suite 2 Rockaway, NJ 07866 973-784-4900 888-387-9830 rsvp@norwescap.org www.norwescap.org	Skylands RSVP provides opportunities for individuals ages 55 and over to make a difference in their community through volunteer service.
Pass it Along 60 Blue Heron Road, Suite 100 Sparta, NJ 07871 973-726-9777 Kelly@passitalong.org www.passitalong.org	Pass it Along offers volunteer opportunities in the community for adults and youth.
People Help of Sussex County 973-729-1745 Mon-Fri – 9am to 5pm Other hours by appointment	People Help of Sussex County provides small amounts of emergency financial assistance to assist residents of Sussex County who are referred by another agency & have not been assisted in the previous twelve months.
United Way of Northern New Jersey 2 Spring Street, Suite 1 Newton, NJ 07860 973-579-3040 www.unitedwaynnj.org	United Way of Northern New Jersey believes that everyone wins when children succeed in school & reach their potential, families are financially stable & independent & individuals achieve & maintain good health throughout their lives. UWNNJ addresses the barriers which hinder residents in our communities from attaining a quality EDUCATION, sufficient INCOME & optimal HEALTH.
Volunteer Link United Way of Northern New Jersey 973-579-3040 http://volunteer.truist.com/uwnnj/org	United Way of Northern New Jersey invites you to find the perfect opportunity for volunteering through the United Way Volunteer Link, the Online Volunteer Center. Search for an opportunity based on your interests, skills, or location. Find a variety of volunteer opportunities for individuals, groups, families & youth; board member opportunities for local non-profit organizations; & in-kind donations assistance.

Transportation Resources	Transportation Resources
Agency Contact Information	Programs & Services
LogistiCare Where's my ride line 866-527-9934 Complaint Line 866-333-1735	LogistiCare provides certain types of non-emergency medical transportation in New Jersey to Medicaid recipients. Appointments required.
NJ Find A Ride www.njfindaride.org	NJ Find A Ride provides accessible transportation options for people with disabilities & others in NJ that do not have easy, reliable access to transportation.
Skylands Ride 973-579-0480, press 1 www.sussex.nj.us/transit	Skylands Ride, Sussex County's transit system, provides public transportation on Skylands Connect and trips to medical appointments, work, nutrition sites, shopping and recreation on Skylands Request.

Wellness Resources	Wellness Resources
Agency Contact Information	Programs & Services
Adult Protective Services Sussex Division of Social Services 83 Spring Street Newton, NJ 07860 973-383-3600 www.sussex.nj.us/socialservices	Sussex County Division of Social Services provides Adult Protective Services & investigates complaints of abuse, neglect or exploitation of vulnerable adults over 18 in the community.
DAWN Center for Independent Living 66 Ford Road, Suite 121 Denville, NJ 07834 973-625-1940; Fax 973-625-1932 TTY 973-625-1932; 1-888-383-3296 info@dawncil.org www.dawncil.org	DAWN provides services to people with disabilities, which include an 8-week health & wellness workshop series, opportunities & activities to share experiences & lead to supportive relationships in daily life; adult & young adult recreation programs, Independent Living Skills Training & Nursing Home Transition Services for those who wish to transition to the community.
Center for Prevention & Counseling 61 Spring Street Newton, NJ 07860 973-383-4787; Fax - 973-383-6576 info@centerforprevention.org www.centerforprevention.org	CFPC offers a variety of Wellness programs/workshops for all ages. They include: WISE (Wellness Initiative for Senior Education); Family Night Out Project; Asset-Building for parents & caregivers; Parenting Skills Education; Matters of the Heart for family & friends of those afflicted with addiction; Anger Management Support & Education for adults; School of Health & Addiction Studies; Intensive Outpatient Counseling for substance abuse; Substance Abuse Counseling; Intoxicated Driver Resource Center. Call CFPC for details and dates.
DASI Domestic Violence Services 24-hour helpline 973-875-1211 www.dasi.org	DASI Domestic Violence Services provide supportive counseling, groups, advocacy, court preparation & accompaniment & emergency shelter.
NORWESCAP RSVP 53 Stickle Avenue, Suite 2 Rockaway, NJ 07866 973-784-4900 888-387-9830 rsvp@norwescap.org www.norwescap.org	Skylands RSVP provides wellness education and exercise programs for older adults. Classes are led by trained volunteer peer leaders. To volunteer or attend a class, please call.

Wellness Resources	Wellness Resources
Agency Contact Information	Programs & Services
Pass it Along 60 Blue Heron Road, Suite 100 Sparta, NJ 07871 973-726-9777 Kelly@passitalong.org www.passitalong.org	Pass it Along offers self-awareness workshops for middle school and high school students.
Project Self-Sufficiency 127 Mill St. Newton, NJ 07860 973-940-3500 www.projectselfsufficiency.org	Project Self-Sufficiency's Breast Health Awareness Project offers educational materials & programming, mammograms & follow-up including support groups, access to wigs & breast cancer survivor events.
SCARC 11 US Route 206, Suite 100 Augusta, NJ 07822 973-383-7442; Fax 973-383-8330 www.scarc.org	SCARC is dedicated to the empowerment & support of persons with developmental disabilities & their families. It facilitates partnerships with community resources, assists in maximum community participation, promotes individual planning based on choices, preferences & needs & fosters the development of socially valued roles for each person served.
Sussex County Public Health Nursing 201 Wheatsworth Road Hardyston, NJ 07419 973-579-0570 www.sussex.nj.us/health	Monthly health check clinics for adults to receive free or low cost vaccinations, blood pressure checks and more.
Sussex Division of Senior Services 1 Spring Street Newton, NJ 07860 973-579-0555 www.sussex.nj.us/seniorservices	Sussex Division of Senior Services provides educational programs on wellness & living with chronic conditions. Classes are offered at various locations at various times.
United Way Caregiver Coalition Robin Ennis, Coordinator 2 Spring Street, Suite 1 Newton, NJ 07860 1-800-338-9227 robin.ennis@unitedwaynnj.org	The United Way Caregivers Coalition is proud to provide access to information, education, resources & support for the unpaid caregivers in 5 counties in NJ. Contact the Coalition for more information or to become a member of the Coalition near you.

Wellness Resources	Wellness Resources
Agency Contact Information	Programs & Services

YMCA 15 Wits End Road Hardyston, NJ 07419 973-209-9622 www.metroymcas.org

Youth Advocate Program (YAP)
Outpatient Program
350 Sparta Avenue, Suite C-1
Sparta, NJ 07870
973-729-3617
Kathy Pross, kpross@yapinc.org
www.yapinc.org

The Sussex County YMCA has programs for infants to seniors including access to aquatic programs, cardio & strength conditioning equipment, fitness classes, sports & enrichment classes, supervised child watch & youth room, before & after school care and summer camp. Contact the Y for membership and fee information.

Therapeutic services, including child psychiatric services available by appointment. Self-esteem and other skill building groups available.